



3 July 2018

Dear Parents

### Additional guidance during the hot weather

Although we would not wish to complain about the extended period of hot weather we are enjoying this summer, with it set to continue for a little while longer, I felt it important to share some guidance for students and parents and the actions we have taken as a school:

- Students are encouraged to bring water bottles, sunscreen and hats (during hot weather students will not be sanctioned for wearing hats outside)
- As part of summer uniform, students do not need to wear blazers or jumpers - these can stay at home
- In addition, until the end of this term, students are not required to wear their ties whilst in school or whilst travelling to and from school. Please note that shirts must remain tucked in and skirts must not be rolled over at the waist
- During break and lunchtime, students are reminded to fill up their water bottles at the water fountains around school.

In terms of social time, many students love to enjoy our fabulous school field, but please rest assured that there are plenty of areas of shade on its edges where students sit and are encouraged to do so.

In terms of Physical Education lessons during this hot weather - the faculty monitor this daily and plan lessons accordingly. As such the following actions have been agreed and will now take place:

- Activities shortened and taking place in shaded locations (where possible) to ensure students are not exposed to excessive heat or sunlight
- Students given plenty of time to apply sunscreen while changing. Please ensure your child has a high SPF factor sun cream to enable them to do this
- Students encouraged to wear hats
- Students reminded and expected to take on water during the lesson. Please ensure your child has a water bottle with them
- Students do not need to wear their PE hoodies - these can stay at home.

With Whole School Sports Day only a week away, the PE Faculty are presently reviewing the arrangements alongside other colleagues to ensure, as a school community, we can enjoy this important event, but ensure students are not exposed to excessive heat or sunlight and are properly hydrated. This will include moving our seating areas and perhaps shortening some events.

On Thursday and Friday of this week we welcome our new Year 7 students to the school, similarly we are reviewing our activities for this event and liaising with parents to ensure our new students enjoy their two days and have heard these key messages.

Finally we are seeing an increased number of students coming to school on a Monday morning suffering the ill effect of too much sunshine and heat, often very sunburnt over the weekend. As you know we encourage students to be in school, but on occasions have had to send some students home, as they are so unwell. In tutor time this week the importance of being sun/heat aware will be covered; we hope you can reiterate these messages at home.

Yours sincerely

Mrs W Wilson  
Head of School

Head of School: Wendy Wilson B.Sc. (Hons)  
Toulston, Tadcaster, North Yorkshire,  
LS24 9NB  
Tel: (01937) 833466 | [www.tgsch.uk](http://www.tgsch.uk)